



MAY 2022

Riverside High School Breakfast Menu



Monday

Tuesday

Wednesday

Thursday

Friday

2 French Toast w/
Sausage & Syrup

9 French Toast w/
Sausage & Syrup

16 French Toast w/
Sausage & Syrup

23 French Toast w/
Sausage & Syrup

30 **MEMORIAL DAY**

3 Sausage, Egg & Cheese
on a whole Grain Bun

10 Sausage, Egg & Cheese
on a whole Grain Bun

17 Sausage, Egg & Cheese
on a Whole Grain Bun

24 Sausage, Egg & Cheese
on a Whole Grain Bun

31 Sausage, Egg & Cheese
on a Whole Grain Bun

4 Ham, Egg & Cheese
On a Whole Grain Bun

11 Ham, Egg & Cheese
On a Whole Grain Bun

18 Ham, Egg & Cheese
On a Whole Grain Bun

25 Ham, Egg & Cheese
On a Whole Grain Bun

1 Ham, Egg & Cheese
On a Whole Grain Bun

5 Sausage, Egg & Cheese
on a whole Grain Bun

12 Sausage, Egg & Cheese
on a whole Grain Bun

19 Sausage, Egg & Cheese
on a whole Grain Bun

26 Sausage, Egg & Cheese
on a whole Grain Bun

2 Sausage, Egg & Cheese
on a whole Grain Bun

6 Bacon, Egg & Cheese
On Whole Grain Bun

13 Bacon, Egg & Cheese
On Whole Grain Bun

20 Bacon, Egg & Cheese
On Whole Grain Bun

27 Bacon, Egg & Cheese
On Whole Grain Bun

3 Bacon, Egg & Cheese
On Whole Grain Bun

Bakery

Pastry/Pancakes

Fruits/Juice

Cereal

Served Daily!
Otis Spunkmeyer
Muffins
Apple Cinnamon
Blueberry
Chocolate Chip
Cereal Bars
Cinnamon Toast Crunch
Cocoa Puff
Trix

Served Daily!
Apple Frudel
Cherry Frudel
Cinni Mini Pastry
Maple Mini Pancakes

FREE TO ALL STUDENTS

Grab a Milk
1%, Skim, Chocolate Skim

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GOOD FOR YOU

Fresh Fruit
Apples, Oranges,
Bananas

Juice
Apple, Orange, &
Fruit Juice

Apple Jacks, Fruit Loops,
Cocoa Puffs, Frosted Flakes,
Lucky Charms, Golden Grah,
Shrd.Wheat, Cin.Tst.Crnch.

Bagels
Bagels w/Cream Cheese
(plain or Strawberry)
Cin.Cr.Ch.Mini Bagel
Straw.Cr.Ch.Mini Bagel

